

NEWSLETTER

A Publication of the Idaho Dental Hygienists' Association

May 2009

PRESIDENT'S MESSAGE

Sally Kane, RDH-EA, BSDH

Dear Idaho dental hygienists, I am happy to report that the Idaho Dental Hygienists' Association (IDHA) has lead a full schedule of activities to increase awareness of the qualifications and benefits of utilizing licensed dental hygienists.

In January I gave a Power Point presentation to the Idaho Oral Health Alliance entitled "Economics of Preventive Dental Care." Starting early to prevent tooth decay begins with prenatal visits and seeing children when the first tooth erupts or by age one. According to the Center for Disease Control (CDC), Children's Dental Health Project (CDHP) and Association of State and Territorial Dental Directors (ASTDD), children who have their first dental visit by age one have 40% fewer dental care costs compared to children who don't. Sealants, fluoridation and topical fluoride therapies are still recognized as the best cost effective measures.

The Idaho Oral Health Alliance (IOHA) will be supporting the Idaho State Dental Association (ISDA) as they work toward significantly increasing Medicaid reimbursement for early preventive dental care visits for one and two year old children. The IOHA Chairperson, Dr. Scott Kido, asked the IDHA to support this initiative with the ISDA. I am honored they asked us to partner with them and think we should support this initiative if a comprehensive approach to increase provider awareness, public awareness, outreach and follow-up is included.

Many of Idaho's dental hygienists have been educated in restorative procedures, and although not all hygienists wish to practice this way, those who do and who are qualified should be permitted to. Do not worry if you don't have this training. Many dentists will still want to utilize dental hygienists in the traditional way. Though restorative duties are allowed in Washington, the majority of dental hygienists there perform traditional procedures.

It is primarily rural and pediatric dentists who desire to utilize restorative dental hygienists and there are not that many of them. Many pediatric dentists would like to employ restorative functions trained hygienists because they are extremely busy and could see more children if they had the time—utilizing restorative dental hygienists would help them hold costs down. It would free them up to plan and report on hospital cases and perform more advanced procedures. Several dentists are struggling in this economy, as are

the people of Idaho. In the February 27 *Idaho Statesman*, a comment was made that people can't afford health and dental insurance and can't afford to go to the dentist on a regular basis. Paying a dental hygienist to do restorative procedures could make it more affordable for them to receive restorative treatment. For these reasons, our lobbyist, Roger Simmons, and I jumped at the chance to assist the ISDA on this issue when their Executive Director, Quinn Dufurrena, emailed me. We have been collaborating with the ISDA and IOHA on this and other issues, such as direct access.

I was told at the last IOHA meeting that if we fill all the untreated tooth decay in eligible children it will cost the State of Idaho more money even if hygienists can do it more economically. The sad state of affairs is if all the eligible children received the restorative dental care they need, our state would not have the money to cover it. Still, I think it is unfortunate for oral health professionals to sell themselves short. Dentistry does not receive its fair share of the health care dollar. Americans pay an average of 10 % out of pocket for physician and medical care, with 33% coming from government sources. In comparison, 44 % of dental care is paid out of pocket with 7 % coming from government sources.

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MISSION STATEMENT

The mission of IDHA is to assist and serve individual members through active participation and promotion of the highest standards of the dental hygiene profession.

VISION STATEMENT

Enhance the profession of dental hygiene by improving professionalism, autonomy, access to oral health care, and the relationship of oral health to total health.

- Professionals representing the highest standards of practice to maintain the integrity of the profession.
- Promoting public awareness by providing quality oral health care to individuals in private and alternative practice settings, including underserved populations.
- Promoting higher educational standards and increased educational offerings to keep pace with the demands of an ever changing population.
- Increasing public awareness of services provided by dental hygienists.



NEWSLETTER

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Please send your Newsletter reports, articles, pictures, advertisements, questions, etc. to: vanessa@idha.org. All submissions must include the author's name, credentials and contact information. We reserve the right to edit submissions.

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NOTABLE ACCOMPLISHMENTS!

IDHA member, **Jennifer Clayton, RDH**, was recently honored with the 2009 Johnson & Johnson Healthcare Products/ADHA Hygienist Heroes Award.

Jennifer was nationally recognized for going above and beyond her daily clinical practice to donate her time to the Special Olympics and Special Smiles. She has worked to raise awareness for oral health care for those with intellectual disabilities. Jennifer is an inspiration to all of us.

In appreciation for her extraordinary efforts, Jennifer will be recognized this June at the ADHA Annual Session in Washington, DC, receive \$1000 to donate to the charity of her choice, and have her travel and hotel accommodations to the 2009 ADHA Annual Session paid for, as well as the registration and up to 3 continuing education course fees waived. Congratulations Jennifer!

Ellen Rogo, RDH, PhD successfully defended her dissertation recently and was awarded the honor of a doctorate degree in Education. Way to go Dr. Rogo!

Congratulations to IDHA Delegate, **Lisa Higbee, RDH**, who was honored this month with the ISU Professional Achievement Award. Lisa has received other awards in the last few years, including being recognized as the 2006 "Breath Rx Dental Hygienist of the Year" and was on the cover of *Modern Hygienist* magazine.

ISU Department of Dental Hygiene associate professor, **Tara Johnson, RDH, MEd, PhD**, was featured on the cover of ADHA's *Access* magazine in March. Tara was interviewed for the article, "Fear and Facts: Understanding Bio-phosphonate Use" written by Susan Elliott-Smith. Well done Tara!

Congratulations to the **Apollo College Dental Hygiene Program** for receiving an ADHA Graduate Conversion Award. 83% of **Apollo College SADHA** 2008 graduates converted their membership! IDHA looks forward to working with our new colleagues and welcomes their continued participation in our professional association. Contact Kelly Pfeifer, RDH, Apollo College SADHA Advisor more information about Apollo College SADHA: kcsmile@juno.com.

The **Idaho State University Dental Hygiene Program (ISU-DH)** is pleased to share that all the senior students passed their National Boards. Additionally, a senior student, **M'Lisa Denning**, won the Dean's Student Advisory Award. **ISU-DH SADHA** members were recently honored with the ADHA Community Service Award with a \$3,000 prize from Tom's of Maine for their participation at the Special Olympics World Winter Games Special Smiles Program. Nice teamwork! For more information about ISU-DH SADHA, contact Anna Marie Hauser, RDH, ISU SADHA Advisor: hausanna@isu.edu.

Continued from page 1...

Perhaps we should reprioritize the overall government health care budget and shift money from supportive health services to treatment of oral health infections like tooth decay and periodontal disease since these can lead to expensive systemic problems.

Health care foundations such as Regence Caring Foundation for Children and Delta Dental Foundation of Idaho are seeing the benefits of utilizing dental hygienists to implement and execute preventive dental programs to improve oral health and access to oral health.

For National Children's Oral Health Month in February, hygienists throughout the state participated in "Give Kids a Smile Day," and the ACE Dental Hygiene Society implemented the first ever "Idaho Dental Hygienists Caring for Children" program in Wilder, ID. Please see: "Wilder students to get free dental screenings Friday" <http://www.idahostatesman.com/localnews/story/678075.html>

Again, a special thanks to Dr. Allan Stevenson, the Regence Caring Foundation for Children, Henry Schein and the 12 dental hygienists and community volunteers who helped me pilot this effort on behalf of IDHA and ACEDHS. The Idaho Dental Hygienists Caring for Children team included licensed and registered dental hygienists (RDH): Carolyn Brammer, Marcia Peterson, Cecilia Hickam, Lora Smith, Molly Clark, Sally Kane, Kristi Harris, Angelica Calvert, and Liz Nies. We also had help from Kathy Ellis with the Caring Foundation; Brandy Harper, school nurse; and BSU Students Diana Medina and Kristi Dunkley.



We served 343 students. Of those, 35 had urgent dental needs. 86 had obvious caries in need of restoration, and the others were encouraged to continue regular check ups and preventive care.



Marcia Peterson, RDH screens a Wilder Middle school student.

Many Idaho hygienists participated in the Special Smiles program for the 2009 Special Olympics World Winter Games. IDHA co-sponsored a reception with Delta Dental of Idaho and provided "ADHA Idaho" caps for the souvenir gift baskets that were given to the international trainers. Two particular athletes touched my heart. One athlete from El Salvador insisted on a picture of us before he would move on, and an athlete from China persuaded me to trade pins with him. The meaning reflected in the pastel ribbons that hold the award metals symbolize a joyful spirit. This certainly rang true for me, and others would agree it was a joy to volunteer for Special Smiles. I found it interesting to practice the CAMBRA method of risk assessment (for more information, see ADHA's *Access* February, 2009).

This year, IDHA has held two Board meetings and two conference calls to improve communication among officers. Our committees have been busy and have some exciting news to report to you on the following pages. In April I visited students at the ISU and Apollo College dental hygiene programs.



Dental Hygienists

one voice • one vision

Clinicians • Educators • Researchers • Advocates • Entrepreneurs

Looking ahead, our 2009 Annual Session will be October 9 and 10 at the DoubleTree Inn, Boise. Save the date and watch for your preliminary information coming soon. Join us as we come together for my theme of "One Voice, One Vision" and the annual session theme of "Going Green." We will have some exciting speakers and the Doubletree gave us some great room rates—there are a limited number of IDHA discounted rooms available so reserve your room ASAP. Bring the whole family to experience the beautiful fall colors along the Boise River. The kids can visit the Discovery Center or Zoo while you learn the latest news affecting your practice and profession.

Also coming soon: Look for the IDHA survey of Idaho dental hygienists in your mailbox! Your association wants to know your views and concerns. Please complete this important survey to help shape the future direction of your professional organization.

I believe in the skills and varying talents of Idaho dental hygienists. We can influence and create positive changes for our profession and for the people of Idaho. I would like to thank all of the IDHA members for your support, whether monetarily or through volunteering, or both. If you are not a member of ADHA, please join. Our present and future success does not rest with one leader or a select few, it depends on all of us.



Special Olympics Idaho, Special Smiles wants to thank the Idaho Dental Hygienists' Association Community Outreach for co-hosting a 2009 World Winter Game Special Smile "Evening Social." The social was held in January at the Arid Club in Boise. Special Smiles directors, Amy Haugen and Jennifer Clayton, along with, Special Olympic Idaho VP of Volunteers and Outreach, Shanna Endow, and Special Olympic World Winter Game VP of Operations, Wade Moorehead, showcased what Special Olympics will accomplish worldwide in its commitment to oral health for the 2009 World Winter games. In this evening of enlightenment Special Smiles was able to address its future ideas in creating an Idaho Legacy after the 2009 World Winter Games.

Thank you IDHA Community Outreach for being so generous in funding an event of this caliber and for supporting Special Smiles Idaho in our mission of increasing access to dental care for Special Olympics athletes, as well as all people with intellectual disabilities.



Amy Haugen and Jennifer Clayton
Directors Special Smiles-Idaho

2009 World Winter Games IDAHO: More than 2,000 athletes from almost 100 countries convened in February for the largest multi-day winter sporting event in Idaho history, the Special Olympics 2009 World Winter Games. For nearly a week, these dedicated athletes with intellectual disabilities competed in seven events from figure skating to floor hockey to alpine skiing, courageously battling for victory and for honor.



Special Smiles was just one of the six Healthy Athlete initiatives that participated in the 2009 World Winter Games. The Special Olympics Healthy Athletes Initiative includes these disciplines: Fit Feet, FUNfitness, Healthy Hearing, Health Promotion, Opening Eyes, and Special Smiles. Truly, it is an amazing experience to witness hundreds of society's most overlooked and undervalued citizens joyfully and thankfully receiving first-rate health care, many of whom come from poor and underprivileged nations.

These Winter Games will be remembered by moments of gratitude and giving from pure hearts, not only from the athletes themselves, but from numerous dedicated volunteers. Special Smiles had 262 volunteers from Idaho: 30 Dentists, 78 Dental Hygienists, assistants, students and many others. Special Smiles also had the privilege of hosting 25 dentists and dental hygienist from 20 different states in the USA and 15 dentists and dental hygienists from 15 different countries! Thank you all who participated and dedicated your time to helping Special Smiles change the lives of so many Special Olympic athletes from around the world.



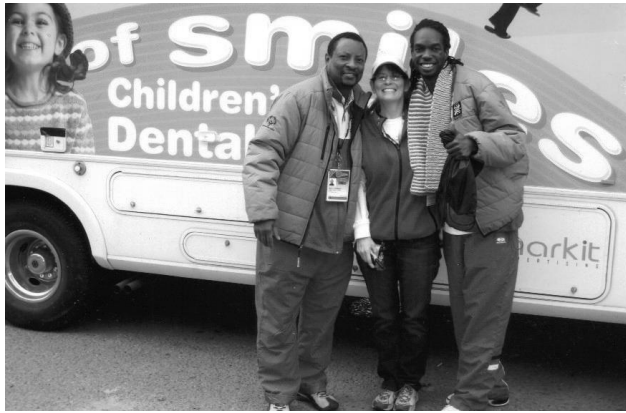
Some Special Smiles volunteer dental hygienists

One of the special stories told, and the real meaning behind why Special Smiles really does mean Special Smiles is the story told by a Special Olympic athlete now Special Olympics International Global Messenger from Southern California, Dustin Plunkett. Dustin Plunkett stood in front of thousands of people at the 2009 World Winter Games opening ceremonies and shared how a screening from a Special Smiles volunteer identified, and consequently saved his life from oral cancer. In these moments of appreciation for a life saved and restored, being in the dental profession brings smiles to more than just our patients.

Special Smiles had the great privilege of introducing the "Miles for Smiles" mobile dental van to the world! The Smiles for Miles dental van was founded by Dr. John Kriz and Dr. Tom Curtis, and what took almost one and a half years to get approved from the Global Olympic Committee, Idaho was able to make history with having, for the first time ever, a mobile dental unit on site to perform any dental treatment for the Olympic athletes.

The dental van made some of the most life changing memories for many athletes from around the world, and for

many of us here in Idaho. Idaho dentists and dental hygienists brought a whole new meaning to being brave and having courage to teams from Trinidad- Tobago, Mexico City, China-Tapia, Afghanistan, Indonesia, Germany, Saudi Arabia, USA, France Taipei, Dominican Republic, and Libya. Below are photos of the dental van at the Special Olympics.



Special Smiles organizers Jennifer Clayton, RDH; Tim Shriver; Amy Haugen, RDH; and Dr. John Kriz



2009 IDHA ANNUAL SESSION UPDATE

Colleen Stephenson, RDH, BSDH

This year's IDHA Annual Session will be held at the Boise DoubleTree Hotel Riverside on October 9-10, 2009. The theme this year will be "One Voice, One Vision" with a sub-theme of "Going Green." The Gala theme is "Blast from the Past" and we encourage everyone to dress up as your favorite era.

This will be an excellent opportunity to get those much-needed CE credits for license renewal, as well as a fantastic way to stay up to date on issues and topics affecting our profession. All this while spending time and sharing ideas with fellow hygienists from throughout the state.

Friday will feature speaker Maria Perno Goldie, RDH, BA, MS, speaking on Enamel Therapy in the morning. The topic for Friday's afternoon session will be announced soon. You can also look forward to table clinics presented by dental hygiene students from ISU, Apollo, and Lewis and Clark, and finish the day by spending the evening with friends at the Gala while enjoying dinner and a silent auction.

Saturday's highlights include speaker Ann Eshenaur Spolarich, RDH, PhD, who will speak on the top 20 most commonly prescribed drugs, the drugs used in dentistry, and an update on new dental drugs. That afternoon will feature the professional issues forum, which as a dental hygienist you cannot afford to miss. Vendors and exhibitors will also be present both days with product information and samples.

Make plans now to attend—this is an annual session that you won't want to miss! Register early for the best rates. The Gala cost with dinner is included with your paid registration (you must RSVP to attend).

Be sure to check our website soon for registration and more information. We are offering a promotion to extra early registrants so get online and check it out: www.idha.org. Feel free to contact Colleen with any questions: stepmoni@yahoo.com or call 208.406.6645.

The new smiles and friends created from the dental van will go down in history as some of dentistry's finest moments; making our profession seem more like an honored position. With experiences like this, we have to wonder who really helped who.

The Special Olympic Motto is: "Let me win, but if I cannot win, let me be brave in the attempt." True enough words, especially if the contest is for us to reach out to those less fortunate. So, again, we say THANK YOU to all the amazing people who volunteered in making the 2009 World Winter Games Special Smiles an experience we will remember forever.

For additional information on the Special Olympics, Healthy Athletes, or to watch a video on the global neglect of people with intellectual disabilities, visit the following websites:

- Neglect Video: http://www.specialolympics.org/slideshow_neglect.aspx.
- Healthy Athletes: http://www.specialolympics.org/healthcare_for_the_underserved.aspx
- Special Olympics: <http://www.specialolympics.org/>

ADHA DISTRICT 12 TRUSTEE REPORT

Susan Savage, RDH, BSDH

Proposed Changes to CODA: The American Dental Hygienists' Association (ADHA) is monitoring current work by the American Dental Association (ADA) Commission on Dental Accreditation (CODA). The ADA Council has proposed changes to the current standards that regulate the Accreditation Standards for Dental Hygiene Education Programs.

CODA has proposed to remove two current standards within Standard 2-17 which refer to the dental hygiene process of care—one is the dental hygiene diagnosis and the other is the ability to treatment plan. If these standards are removed, education programs will longer have these processes of care in their curriculum, which will also open the door for state legislatures and boards of dentistry to remove them from dental hygiene scopes of practice. With many states moving toward less supervision for dental hygienists, this is critical. Without these two processes of care in our curriculum standards, we lose ground on the autonomy that dental hygienists have worked so hard to achieve.

ADHA wrote a letter to CODA advising them of the importance of these two processes of care for dental hygienists, and referred to the current "ADHA Standards for Clinical Dental Hygiene Practice" (view at www.adha.org/downloads/adha_standards08.pdf). Unfortunately, it seems that the ADA would like to remove any resemblance of diagnosing and treatment planning from dental hygiene standards. Idaho hygienists need to be aware of this, and must not allow these critical changes to our education standards or our scope of practice.

It is very important for ADHA to get your feedback and testimony about these proposed changes. Please direct comments and questions to Colleen Schmidt: colleens@adha.net, or to your ADHA District Trustee, Susan Savage: toothdoc001@charter.net. For more information about the proposed CODA changes go to <http://adha.org/news/03172009-CODA.htm>.



ISBD REPORT

Jan Simpson and Janis Davey

The ISBD held a meeting April 17. Jan Simpson, RDH was reappointed by the governor and the new dental member is Robert Timothy from Montpelier. The ISBD is continuing talks with interested parties about dental assistant certification by means of an ad hoc committee. The IDHA Board appointed Jacqueline Leibach, RDH, BSED to the Board of Dentistry ad hoc committee to roster or certify dental assistants, and require training in radiation safety and infection control. Dr. Richard Teich is the committee chairperson.

PRACTICE & REGULATIONS REPORT

Elizabeth Nies, RDH-ER, Committee Chairperson

Life these days is just a little stressed. The economy affects us and our profession from so many directions it can make your head spin. Our patients are losing their insurance, which may lead to them choosing not to receive preventive care. That leads to openings throughout our day, which in turn has a negative effect on our production, which could easily mean lost hours of pay or offices cutting back an entire day of the work week. Many people are having their pay cut back or are asked to leave for the day when their schedule falls apart. Ultimately, it means a smaller paycheck, which means you need to cutback on things you do, and the domino effect continues.

Now take that thought one step further and ask yourself how you would make ends meet if you, as a professional, were replaced? Ask yourself if you know what preceptorship is. Do you know what the proposed CDHC by the ADA is? CDHC stands for Community Dental Health Coordinator and is the proposed mid level provider model that has pilot programs ready to go in several states.

The following text is taken directly from the ADA website describing the duties of this so-called mid-level provider: "What type of training is necessary to be a CDHC?—The first part of the training will focus on the foundation of working within a community and building oral health capacity within that community. This training will consist of development of communication skills, understanding the role of a CDHC, working as a team member in oral health and developing a process of care for the community. The program proposes to train CDHCs to provide preventive services including screenings, fluoride treatments, placement of sealants, placement of temporary fillings and simple teeth cleanings (selective scaling for periodontal type I [gingivitis] such as removing gross debris, stains, and calculus using anterior and posterior sickle hand scalers until the patient can receive comprehensive treatment from a dentist or hygienist)."

If that does not describe the role that the dental hygienist has been playing since the inception of our profession, I don't know what does. If you want to read more follow this link: www.ada.org/public/careers/team/cdhc.asp#faq.

Do you know what the ADHA mid-level provider, ADHP, is? One thing the ADHP would allow hygienists to do is actually use the restorative skills taught to them in their dental hygiene programs. If you want to read more, follow this link: www.adha.org/media/backgrounders/adhp.htm.

What is happening in Idaho? IDHA has been concentrating on mending fences with the dental community and educating legislators on what a dental hygienist is educated and licensed to do, and how our current endorsements of extended access and restorative extended access permits can

best be utilized to assist the underserved. IDHA is also here to protect and move the profession of dental hygiene forward in Idaho.

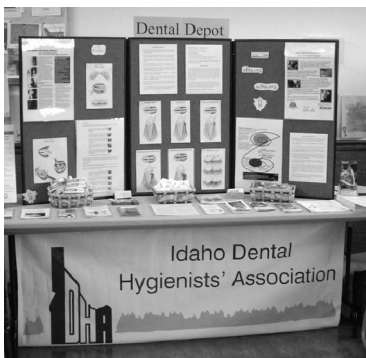
You may be asking yourself: "What is the future of our profession in Idaho?" And I hope that you are asking yourself: "How can I be a part of the future of dental hygiene in Idaho?" Join me and IDHA in answering that question. Contact me at Lizabiz_2000@yahoo.com for more information.

PUBLIC RELATIONS COMMITTEE

Vanessa Hanser, RDH-ER, BSDH

With much appreciated assistance from Sally Kane and IDHA Lobbyist, Roger Simmons, our committee distributed a press release in February for the "Idaho Dental Hygienists Caring for Children" screening and education event. Several of the local papers and news stations ran the release and posted it on their websites. We also recently submitted an op-ed piece regarding the event to several area papers and are awaiting their responses.

In April, IDHA had an oral health booth at a Boise health fair sponsored by BSU Nursing and the Friendship Clinic. We distributed educational brochures; information from the Caring Foundation for Children, Delta Dental, Terry Reilly Dental Health Clinic, and Apollo College; and toothbrushes, floss and other samples. A big thanks to Krista Beaty, RDH, who helped out at the booth during the health fair. The health promotion event focused on systemic health and disease connections, and I was pleased that the health fair organizers recognized oral health as having a significant impact on total health.



IDHA Website Designer, Steve Hanser, and I are looking forward to our trip to the ADHA Annual Session in Washington DC in June to learn more from ADHA at the hands-on "Growing your Membership Online" website workshop. We plan to add a member's only section on the website with log-in, as well as a networking and mentoring program. We are currently working to get online registration and payment for our 2009 IDHA Annual Session in October. Check our website regularly for information: www.idha.org.

For more information, contact Krista: 208.459.9151, kristab23@yahoo.com; or me: vanessardh@cableone.net.



Regence Caring Foundation supports February "Give Kids a Smile" Events. More than 40 dental hygienists & 20 dentists participated in "Give Kids a Smile" sponsored events in February. Approximately 660 children statewide received free dental services totaling an estimated \$55,885. Dentists and hygienists participated in clinics held throughout the state including Wilder, Craigmont, Filer, Grangeville, Kendrick, Lewiston, Moscow, Potlatch and Twin Falls.

"We were thrilled with the participation of the dentists and hygienists," said Kathy Ellis, Idaho Director of the Regence Caring Foundation for Children. "It was great to see these professionals give of their time and talents to help these children in need."

In April, the Regence Caring Foundation for Children held a clinic in Twin Falls with the generous help from 6 volunteer hygienists: Rachel Anderson, Emily Rasmussen, Suzanne Stokes, Cindy Harding, Vanda Johnson, and Sandee Golay.

More information about the Regence Caring Foundation for Children is available by calling toll-free 1-866-938-0084.

Pictured below: Wilder Elementary School children at the "Idaho Dental Hygienists Caring for Children" screening and education event, which was generously supported by the Caring Foundation for Children. The Tooth Fairy (aka Kathy Ellis) even made an appearance.



SHARE YOUR ACCOMPLISHMENTS

IDHA would like to hear about your community service and volunteer events. We would like to share your stories and may be able to provide information about potential grant opportunities for your future projects. For more information, visit our website, www.idha.org, or e-mail vanessa@idha.org.

CENTRAL DISTRICT HEALTH DEPARTMENT

Carolyn Brammer, RDH-EA, Oral Health Program Coordinator

Central District Health is pleased to report that we have completed our portion of the Smile Survey, a DMF survey being conducted throughout the state on third graders. I want to especially thank Lisa Penny, RDH and Michelle Scott, RDH, and dental hygiene students from Apollo College for volunteering their time to help us out. Apollo College students also provided oral health education to several classrooms in the Boise-Meridian area this winter. They are always very creative in their presentations to the children.

Central District Health and Southwest District Health were the grateful recipients of a \$25,000.00 grant from the Albertson's Open – thanks to Regence Caring Foundation and Kathy Ellis who was responsible for applying and receiving this grant. We are very appreciative of her efforts to improve the education, awareness and services to children and parents throughout Idaho. Both districts have been busy putting together materials to assist in training WIC staff on oral health information to enable them to educate their WIC clients. It is our goal to provide oral health education to all WIC clients, and make FV applications available for eligible children. We have assembled gift bags for pregnant moms to help them improve their oral health. We will provide FV to as many children as possible and educate their parents on how to prevent oral disease. We are also working with ISU Masters in Dental Hygiene Program to collect data from this project. We want to thank Linda Boyd, RDH, ED, EdD, and Mary Bossart, RHD for their efforts on this project. It is keeping us very busy.

Once again, we will be offering Fluoride Varnish to the children of FCF Head Start. We plan to offer FV to 400 children. Nora Torres, RDH-EA, and Apollo College dental hygiene students will assist in this project also.

Our school-based sealant programs have had a successful year. At Meridian Elementary we served over 128 children. 59 children received 206 sealants. Huge thanks to Sally Kane, RDH-EA for managing this clinic for us. Apollo students also participated in this clinic under her supervision. In Valley County we offered school based sealant programs in 3 different elementary schools. We served 122 children. 59 children received 180 sealants. We are very grateful to Sheri Class, RDH-EA, Linda Thacker, RDH and Becky Thomas, DA for their wonderful effort on this project.

Thanks to all who help support our efforts in raising the awareness throughout Idaho on oral health issues and improving the oral health of our citizens. We are looking forward to a healthy and happy summer!

For more information about the CDHD Oral Health Program, contact Carolyn: 208.327.8612 or cbrammer@cdhd.idaho.gov. You can also check out their website: <http://www.cdhd.idaho.gov/CHEC/services/dental.htm>.

ACEDHS

Susanne Jamison, RDH, President

Our component has had some great events recently! In January, we had a meeting in Meridian with Cheryl Thomas, RDH, from Galveston, TX, who spoke on "Total Wellness for Patients Living with Renal Disease." The topic was fascinating, and we appreciate those that attended and brought donations for a local women's and children's shelter.

In February, several area hygienists volunteered for the Special Olympics. It was great to see so many ACEDHS hygienists (and many from other areas of the state) volunteer for this wonderful event. Those who were involved had such a great time—it was very rewarding to be able to help as many athletes as we did!

In March, ACE was pleased to have Patti DiGangi, RDH present "In Sickness and in Health, Rx for Insurance Blues." This 4 hour course was held at the Stevens-Henagar College and was attended by about 60 hygienists. We had a great meeting and the information was very useful.

We held our annual spring banquet on May 14th at Fiesta Guadalajara in Meridian. We voted on new board members and listened to a presentation by Dr. Greg Guymon, Orthodontist. 2.0 CE's were awarded for attending. Upon confirmation of the vote's results, we will post the new officers on the IDHA website (www.idha.org)

I genuinely thank my ACEDHS board for all of their help in everything we accomplish: Angelica Calvert and Liz Nies, Program Coordinators; Lupe Duncan, Treasurer; Kelly Pfeifer, Apollo College Liaison; Krista Beaty, Vice President; Kelli Campbell-Burton, Membership Chair; Crystal Guray-Tuttle, Secretary; and Janet Garlick, ACE Trustee. Please feel free to contact me with questions or concerns: flosser10@clearwire.net or 208.880.4719.

MVDHS

Sandee Golay, RDH, Treasurer

In February, Dr. Garth Stoddard presented a class on "Pediatric Dentistry." MVDHS is struggling right now to keep our component going, and we need more volunteers so the same people who have been donating their time and energy for the last several years can have a break. Without new volunteers, our component may be forced to dissolve and join ACEDHS or PVDHS. Please consider volunteering and contact Sally Kane, IDHA President, with comments or questions about this: salkane@msn.com.

I enjoy giving my time and expertise to help those in need gain better oral health, so I donated toothbrushes, toothpaste, and floss to Jubilee House, Valley House, Crisis Center of Magic Valley, Safe Kids & New Hope Transition Center (for men). Please join me sometime—you may contact me at: sandeeGolay@cableone.net.

NIDHS

Emily Petrie, RDH, President

Greetings from North Idaho! We've had a busy year so far. In addition to electing new officers and settling everyone into their new roles, we also hosted many successful CE courses. We've had an average of 13 attendees at each meeting/CE course and always welcome new members and dental auxiliaries. New officers for NIDHS include Ruth Kearn, Secretary/Treasurer; Tiffany Dixon, Delegate; and myself, Emily Petrie, President. We currently do not have the Vice President position filled, so if you are from North Idaho and are interested in serving as VP, please contact me.

Our last CE course of 2008 was entitled "Demystifying Fluoride," presented by Lisa Bilich, RDH, MS. In February, Dr. Dance, DDS, Pedodontist in Hayden, gave a very informative talk on "Dental Emergencies." Our March CE course was presented by our local Proctor and Gamble representative, Scott Miller. He discussed new products from Crest/Oral B and gave us several free samples! Our next meeting is in May, so watch your email inboxes and office fax machines for more information.

Many local dental professionals have also volunteered their time to work at community projects in the last few months. Dr. Dance, DDS graciously offered his dental office to host free kids sealant days on March 14th and 16th. Around 85 children ages 5 through 15 were seen, and around 220 sealants were placed. The event was funded by a grant from Panhandle Health District 1, and targeted the population affected by the poor economy who do not qualify for Medicaid and do not have insurance. A special thanks to Dr. Dance and his dental assistants, the Idaho Caring Foundation, and the volunteer students from EWU Dental Hygiene. Another kids sealant day also took place on March 6th with the same grant money from Panhandle Health. Peg Stein, RDH and Shari Williams, RDH-ER provided sealants and information on fluoride to 25 children at the Rathdrum Senior Center. Judy Dahl was a senior citizen volunteer who checked the kids in and handed out goodie bags. Thank you volunteers for all your hard work!

In a separate endeavor, Shari Williams is also partnering with North Idaho College Head Start to place a second round of fluoride varnish on the teeth of participating children in all 7 Head Start centers throughout the 5 northern counties of northern Idaho. This will include approximately 300 children in Head Start and 150 children in the Mountain States Early Head Start program. If you are interested in volunteering for this or any other events in North Idaho, please contact Shari Williams: handtech2000@yahoo.com.

NIDHS and Scott Miller, P&G rep, also donated around 120 toothbrushes and 2 cases of toothpaste to organizers of the St. Maries Easter egg hunt in April. Children in the community picked up toothbrushes and paste to help balance out the amount of candy in their Easter baskets.

I am enjoying serving as your President and look forward to the rest of 2009. Thank you to Ruth Kearn, Tiffany Dixon, and Barbara Vidinha for all they do. Please contact me if you'd like to get involved: emilyewudh@hotmail.com.

USRDHS

Kareen Freeman, RDH, BS, President

The USRDHS & PVDHS, in collaboration with ACEDHS, hosted a seminar in January in Idaho Falls. Cheryl Thomas, RDH, presented on "CKD to Transplantation: Total Wellness for Patients Living with Renal Disease." Cheryl, a renal transplant recipient, spoke with firsthand knowledge about the disease and the transplant process. The presentation was well received and the information presented was invaluable to the hygienists in attendance who treat patients on dialysis or who have undergone transplantation.

Thank you to thank Heather Crawford and Cindy Reinke for organizing the seminar and to those who attended for their support of our local components.

 DELTA DENTAL

Delta Dental Community Outreach

GOING BEYOND BENEFITS

Samantha Kenney, RDH-EA

For the last two years, Delta Dental of Idaho's Mobile Clinic has piloted a fluoride varnish program in two schools where we previously saw high rates of suspected caries during our sealant clinics. The fluoride program applied fluoride varnish on K-2 students three times during the school year, with the goal of decreasing the amount of decay we see this fall when our sealant clinic returns.

While conducting the fluoride varnish clinics, we noticed many of the 1st graders already had their first molars. To investigate further, we visually surveyed 172 first graders from schools in Canyon and Gooding counties. The results showed that 60% of first graders surveyed had all of their first molars present; 81% had at least one first molar fully erupted; and, only 19% had no first molars erupted.

Based on this information, Delta Dental Community Outreach is restructuring our sealant clinic program in the elementary schools to see 1st and 2nd graders, instead of 2nd and 3rd graders. This will increase the preventive treatment we can provide as we expect to see more molars before they develop cavities. Our first clinic involving 1st graders was last month, and we will continue making the transition to this younger grade over the next couple years.

We will share the results of the fluoride varnish pilot program in the fall. If you have questions about this survey or any Delta Dental of Idaho Community Outreach programs, please email CommunityOutreach@deltadentalid.com, or call 208.489.3538.

APOLLO COLLEGE DENTAL HYGIENE

Dr. David C. Reff, DDS, Program Director

The Class of April 2009 took the WREB anesthesia exam in December 2008. 21 of 21 students passed. Our first time passing rate is 98.03%. The current seniors took the National Dental Hygiene Board exam in March, and we will not know the results for another 3 or 4 weeks. The exam will be computerized starting with the next class. Students will take the exam at the Pearson Center near Edwards 21. The Seniors took the WREB clinical exam April 23-26 at Apollo College. 26 Juniors and 3 Seniors also took the WREB anesthesia examination. A new class of 30 students was accepted into the program and started on May 4.

The ADA Commission on Dental Accreditation's site visit was Thursday and Friday August 7, 8 2008. We had 5 recommendations and 2 suggestions. Dr. Reff responded to the recommendations and suggestions and the ADA CODA approved each one. The DH Program is fully accredited without reporting requirements until 2015! And the DA Program is fully accredited through 2013. This will be the longest stretch of nothing to do for CODA in 4.5 years!

The seniors are participating with Central District Health, Sally Kane and Carolyn Brammer providing sealants throughout the Treasure Valley. Dr. Reff has been giving presentations to elementary and preschools, and Meridian Head Start for National Children's Dental Health Month.

Dr. Reff continued the process of converting our notoriously high paper volume classes into "green" classes. For 5 term 2 courses, 1 term 4 course, and 1 term 5 course, all students received syllabi, case studies, case study questions, lecture notes, and review questions on their flash drive. The savings for this term is up to 30 reams of paper.

DeVry took control of the parent company of Apollo College on January 1.

The Juniors presented table clinics at the SWIDS meeting February 27. The number of attendees in the exhibition hall has diminished drastically over the last 2 years. Apollo will no longer participate.



IDHA EMAIL LIST

Get the most up to date information by joining the IDHA email list, open to all Idaho hygienists. Contact Susan Cameron, IDHA Executive Director at 208.882.2787 or scameron@moscow.com. Be sure to provide your name, email address, phone number, and mailing address. IDHA members should also contact ADHA Membership Services, at 1.800.243.2342 or member.services@adha.net. Please include your name, ADHA membership number, mailing address, phone number, and email address.

ISU DEPARTMENT OF DENTAL HYGIENE

Kathleen O. Hodges, RDH, MS, Professor & Department Chair

Bachelor of Science Degree in Dental Hygiene: The spring semester was busy with the senior students preparing for graduation and "Boards." Many took Mock Boards for the clinical, local anesthesia and restorative exams. The junior students completed their first semester of caring for patients in the clinical setting and enjoyed this direct patient care.

All junior and senior undergraduate students and numerous faculty members volunteered at the Special Olympics Special Smiles event in Boise in February. It was an educational, engaging and rewarding event. All involved had a chance to participate with the athletes via oral screening, education, mouthguard construction, fluoride varnish application, and other aspects. The event was a multidisciplinary learning experience for students and faculty, as many visited other venues such as exercise, hearing, and vision and even volunteered in some of these areas. Students received some compensation for travel through a grant received by Jacquie Freudenthal, RDH, MHE from IDHA, and we thank the association for this assistance. We also thank those dental hygienists who were willing to host students in their homes.

The Department also wishes to acknowledge the scholarships that IDHA provides including the Harold and Vanda Johnson Scholarship, the IDHA Scholarship, the PVDHS Scholarship – The Gretchen Gasser Hess Memorial Scholarship, the USRDHS Scholarship and the ACEDHS scholarship. We appreciate the continued support from the state association and its local components.

Candidates for admission to the undergraduate program were notified of their status in April. Twenty-seven highly qualified and eager applicants were selected for the 2009 fall class. Alternates were also notified.

The Department's Advisory Committee meetings occur once per semester, most recently on May 1st. This committee provides valuable input and recommendations about the program, and is an opportunity to communicate with professionals around the state. Dentists and hygienists from each region of the state, based on dental districts and/or professional components, are members of this committee. New members include Dr. Garn from Burley and Brandi Maw, RDH, BS from Pocatello.

Faculty member's research activity is strong within the department. A five-year research strategic plan has been developed to aid the department in reaching goals it aspires to achieve, and for supporting the research strategic planning and productivity goals for the college and university. Carole Christie, M. Couns, LPC Carlene Paarmann, RDH, MED and Denise Bowen, RDH, MS are continuing research in ethics and embarking on a qualitative research project. Kristin Calley, RDH, MS and Kathleen Hodges, RDH, MS are involved in an IDHA survey to gather information on

demographics and practice issues statewide. Kathleen also published an article about area-specific instrumentation in *Dimensions of Dental Hygiene* in May.

Anna Marie Hauser, RDH, MBA is conducting research on radiographic evaluation with dental hygiene students whom are the subjects. Kandis Garland, RDH, MS is conducting research in infection control. Kandis Garland and coauthor, Kathleen J. Newell, published an article in the *Journal of Dental Education* entitled "Dental Hygiene Faculty Calibration in the Evaluation of Calculus Detection," and Anna Marie Hauser, RDH, MBA and Denise Bowen, RDH, MS also published an article in this journal entitled "Primer on Pre-clinical Instruction and Evaluation." Other faculty engaged in research are highlighted in the Master of Science section.

Ellen Rogo, RDH, MEd successfully defended her dissertation entitled "Dental Hygienists as Adult Learners and Educators in Social Action: A Grounded Theory" in preparation for earning her PhD in Education. We congratulate her for this success and wish her well in completing her five-year quest for her degree.

The department recently received a Congressionally Directed Appropriation to be used for seed money to start the Idaho Oral Health Institute on the Pocatello campus. The focus of these funds is to develop the Institute's role and mission in research and education. We are extremely grateful to Congressman Mike Simpson for supporting this endeavor and we are very pleased that the Congressman visited the department recently to discuss the Institute.

Carlene Paarmann, RDH, MEd and Anita Herzog, RDH, MEd recently presented a well attended and received continuing education course about local anesthesia administration on the Pocatello campus. In April, Carlene, Anita and Carole Christie, M. Couns, LPC presented a restorative dentistry refresher course for those educated in restorative procedures at ISU in the past. The course prepare attendees to take the Dental Hygiene Western Regional Restorative Examination in order to apply for a restorative endorsement for licensure. Many hours of preparation have been devoted to delivering a professional quality-oriented course.

The clinic is now ADA accessible. A parking lot has been constructed between the dental Hygiene Sciences building and the Dental Hygiene Clinic for dental hygiene patrons to park in. Also, handicapped exits from the clinic are present. We appreciate the university's completion of this project, as it was an issue for our patients who are in need of these accommodations. This summer an expansion is planned for the clinic reception area to increase the square footage to upgrade and install a needed evacuation system and to expand the patient seating area.

The undergraduate program's Commission on Dental Accreditation site visit will be in October 2010. We are busy planning and preparing for the self-study for accreditation.

Master of Science Degree in Dental Hygiene: 28 students from 15 states were enrolled in spring semester courses. Two MSDH students who graduated in December attended the May 2009 Dental Hygiene Pinning Ceremony and ISU Commencement in Pocatello. 13 other students are at various stages in their thesis research. The week long advanced clinical course was held in Pocatello in May. 12 student from Idaho, New York, Kansas, Nevada, Colorado, Montana, Tennessee, Alaska, and California applied for the program for fall semester 2009.

Lidia Brion-Silva, RDH, MS was selected to represent the program in the 2009 DENTSPLY/ADHA Graduate Student Clinicians Program at the ADHA Annual Session. She received travel, hotel and a per diem award and will compete with other MSDH program representatives for one of three awards by presenting her thesis research. During the American Dental Education Association (ADEA) Annual Session the MSDH program was well represented by 2 graduates and 6 current students. Ann Wetmore, RDH, MS presented her thesis research at the Tech Expo.

Publications for MSDH students include: Elly Francisco, RDH, co-author on the following articles in *Dimensions in Dental Hygiene*: "Managing Caries Risk" October 2008; "Caries Management for the Whole Family" February 2009; and "The Third Phase-Implementation" March 2009. Brook Agado, RDH, BS and Denise Bowen, RDH, MS had a recent publication in *Access* addressing COPD and periodontal disease. Brooke Agado, RDH, BS and Elly Francisco, RDH also have a publication in the Winter 2009 *Journal of Practical Hygiene*: "Ultrasonic Scaler Use and Aerosol." Mary Bossart, RDH, BS revised and developed new material for the online Evolve resources for the text: Stegeman CA, Davis JD and Boyd LD. (2009). *The Dental Hygienists' Guide to Nutritional Care*, Davis JD, Stegeman CA. ed. 3R.D.. Elsevier.

Other faculty research includes: a well received faculty development workshop by Ellen Rogo, RDH, MEd entitled: "Peer Review Strategies to Enhance Learning" at the ADEA Annual Session. Linda Boyd, RDH, RD, EdD presented a poster at the ADEA Annual Session: Boyd LD and Rogo EJ. "Student Perceptions of the Impact of E-Portfolio Development on Learning in an Online Graduate Dental Hygiene Program." Dr. Boyd is also presenting at the upcoming CDC Diabetes Translation Conference titled "Survey of Diabetes Knowledge and Practices of Dental Hygienists." She also has edited a book by Stegeman CA, Davis JD and Boyd LD. (2009). *The Dental Hygienists' Guide to Nutritional Care*, Davis JD, Stegeman CA. ed. 3R.d, Elsevier. Two federal grants were submitted: "A Dental Screening Protocol to Identify Pre-Diabetes and Undiagnosed Diabetes" by Boyd LD (Principal Investigator), Bowen D, Powell P & D'Souza S (Co-investigators); and "Diabetes Prevention Program with Initial Periodontal Therapy in Hispanic Communities" by Boyd LD (Principal Investigator), Bowen D, Freudenthal J, D'Souza S, Powell P (Co-investigators).



NEWSLETTER

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IDHA NEWSLETTER ONLINE

You can now sign up to receive the IDHA Newsletter online instead of in print. To register, send an e-mail requesting your copy of the IDHA Newsletter digital edition to: vanessa@idha.org. Please include your name, mailing address, phone number, e-mail address, Idaho DH license number, and ADHA membership number (if you are a member). You will get a confirmation e-mail when we receive your request, and we'll send you an e-mail when the next edition is available.

SAVE THE DATE

Join us at the 2009 IDHA Annual Session on October 9 & 10 at the DoubleTree Riverside Hotel in Boise.

Watch our website for upcoming information:
www.idha.org

THE NEXT IDHA NEWSLETTER
DEADLINE IS FRIDAY, JULY 31ST, 2009.

CONGRATULATIONS 2009 GRADUATES!

You've invested in your education, now it's time to invest in your career by transitioning your membership status from Student to Active. We understand making the transition from student to professional-life can involve many challenges, and we would like to help you start Unleashing Your Potential by making it convenient for you to transition. Simply grab your license number and look for the "Graduates Transition Now" button at the following locations: adha.org and www.myspace.com/dentalhygienist. If you have any questions, contact the Division of Member Services at member.services@adha.net or 1.800.243.2342, press 1.



Check out the IDHA website:
www.idha.org