



NEWSLETTER

A Publication of the Idaho Dental Hygienists' Association

September 2009

PRESIDENT'S MESSAGE

Sally Kane, RDH-EA, BSDH



Hooray for all our volunteers! IDHA is having a great year and our momentum is growing. Kelli Swanson Jacks, RDH, MA, President of the Oregon Dental Hygienists' Association, refers to her volunteers as her hygiene posse, a term I like too. My posse of dental hygienists is an awesome group, committed to a vision we all share. Our purpose is to improve everyone's health by increasing public awareness of the importance of oral health, and about how licensed dental hygienists can promote oral health and improve access to quality oral health if we are fully utilized. I still hope that hygienists with Extended Access licenses will someday be permitted to directly serve the vulnerable populations that are not getting care now. Utilizing expanded function endorsed dental hygienists in all settings is a way to help contain costs and increase efficiency in health care.

Continuing Education

For a volunteer organization, we really do accomplish a lot. Many thanks to Colleen Stevenson, RDH, BSDH, Kristin Calley, RDH, MS, and both of their posses of volunteers for working to promote the highest standards of dental hygiene education, and to gather information, lead research and provide opportunities for our continued learning and advancement. We have an outstanding continuing education program, and a fun packed Annual Session planned this year on October 9th and 10th at the Boise Doubletree Hotel Riverside. Please see the Annual Session update in this Newsletter and visit www.idha.org for more information.

Our Leadership

Several volunteers from my posse have supported and encouraged me over several years. These special friends make all the challenges worth it and help me see how we are united. Others write articles for our newsletter and for our website, and coordinate activities advocating for all of you. I am sure you all agree that Vanessa Hanser, RDH-ER, BSDH, our quiet one, does a fabulous job leading our written communications, and I admire and respect her intelligence. Our organization will be great under her leadership soon, so join her posse at Annual Session and find out how you might make a difference, even in a small way. Our Vice President, Elizabeth Nies, RDH, is even more enthusiastic than I am, and has a record of getting important things accomplished, like coordinating our legislative receptions; se-

curing our fabulous Lobbyist, Roger Simmons, BA, JD; and assisting the ISU Foundation plan a reception to celebrate the grand opening of the Meridian Health Science Center.

ISU Meridian Health Science Center Grand Opening

Mark your calendar for Thursday, September 17 and join us in celebrating the grand opening of the Idaho State University Meridian Health Science Center. With Liz's posse of supporters—primarily Susanne Jamison, RDH, BS; Mary Bossart, RDH, BS; and myself—we are planning a reception for ISU dental hygiene alumni, as well as all other hygienists and friends of dental hygiene. Food, wine tasting, and some prizes and surprises are in store for those who attend. We will recognize some hygienists with awards, and hear remarks from ISU President, Dr. Arthur C. Vailas, and Dental Hygiene Director, Kathleen Hodges, RDH, MS. Learn about plans for the Oral Health Institute and what the University has in store for health care and dental hygiene education. For more information go to www.idha.org.

Washington DC

Were you aware that a delegation of Idaho hygienists recently visited Washington DC and lobbied on Capitol Hill?

Continued on page 3...

MISSION STATEMENT

The mission of IDHA is to assist and serve individual members through active participation and promotion of the highest standards of the dental hygiene profession.

VISION STATEMENT

Enhance the profession of dental hygiene by improving professionalism, autonomy, access to oral health care, and the relationship of oral health to total health.

- Professionals representing the highest standards of practice to maintain the integrity of the profession.
- Promoting public awareness by providing quality oral health care to individuals in private and alternative practice settings, including underserved populations.
- Promoting higher educational standards and increased educational offerings to keep pace with the demands of an ever changing population.
- Increasing public awareness of services provided by dental hygienists.



NEWSLETTER

EDITOR
ASSISTANTS

Vanessa Hanser, RDH-ER, BSDH
Susanne Jamison, RDH, BSDH
Krista Beaty, RDH, BSDH

2008-2009 OFFICERS

President	Sally Kane
President-elect	Vanessa Hanser
Vice President	Elizabeth Nies
Immediate Past President	Kristy Garrett
Treasurer	Ellen Bright
Secretary	Julie Walker
Executive Director	Susan Cameron
ADHA Delegates	Carrie Busch
	Samantha Kenney
Alternate Delegates	Kathleen Hodges
	Lisa Higbee

TRUSTEES

ACE	Janet Garlick
MV	Lorinda Horner
NCI	Susan Cameron
NI	Tiffany Dixon
PV	
USR	Heather Crawford
District XII	Susan Savage

COMPONENT PRESIDENTS

ACEDHS	Angelica Calvert
MVDHS	Megan Addey
NCIDHS	Lillian Bowen
NIDHS	Emily Petric
PVDHS	Jacque Freudenthal
USRDHS	Kareen Freeman

COMMITTEE CHAIRS:

Annual Session	Colleen Stephenson
	Brooke Colson
Community Outreach	Carolyn Brammer
HYPAC	Kandi Garland
Membership	Samantha Kenney
Practice & Regulation	Elizabeth Nies
Professional Education	Susan Cameron
	Ruth Kearn
Public Relations	Krista Beaty
	Vanessa Hanser
Website	Steve & Vanessa Hanser

Please send your Newsletter reports, articles, pictures, advertisements, questions, etc. to: vanessa@idha.org. All submissions must include the author's name, credentials and contact information. We reserve the right to edit submissions.

The opinions and information contained in this publication do not necessarily represent IDHA's official policies or recommendations. Authors of published materials are solely responsible for their accuracy. The publication of advertisements in this newsletter does not constitute an endorsement or guarantee by IDHA.

CLASSIFIED ADS

Advertising is offered in the IDHA Newsletter and on the IDHA website at affordable rates. For more information, contact vanessa@idha.org.

NOTABLE ACCOMPLISHMENTS!

IDHA member, **Rebecca Logue, RDH, BSDH**, was recently honored with the Idaho State University Professional Achievement Award. She is a 1987 graduate of ISU's Bachelor of Science program in dental hygiene, offered through the Kasiska College of Health Professions. This award is presented to alumni of ISU in recognition of significant professional achievement in a specific field or endeavor.



Rebecca is the inventor of the Dental RAT (Remote Access Terminal), a foot-operated computer device used for entering patient data into a computer. She is the president of Beckmer Products, Inc., a company based in Meridian that she founded in 2004 after inventing the Dental RAT. Rebecca has been featured numerous times in dental and dental hygiene publications and presents at professional meetings. She is also the recipient of other prestigious awards including the 2006 Idaho Innovator Award presented by the Idaho Office of the Stoel Rives Law Firm, and was named one of 50 Idaho Women of the Year in 2007 by the Idaho Business Review.

We are honored to have Rebecca's support of IDHA, and you can look forward to meeting her and learning more about her invention at the IDHA Annual Session next month. For more information about the Dental RAT, visit www.dentalrat.com.



The Regence Caring Foundation held its annual charity golf tournament and dinner on August 20-21 in Boise. Participating hygienists were **DeeLee Mendenhall**, Lewiston; **Sally Kane** and **Carolyn Brammer**, Boise. Also pictured is Tim Olson, Director of Corporate and Governmental Affairs at Regence BlueShield of Idaho.



The tournament raised over \$42,000 to fund free dental care for low-income, uninsured Idaho children. For more information on the Regence Caring Foundation dental program, contact Kathy Ellis at 208.395.7741.

Continued from page 1...

Our most enchanting and lovely Lisa Higbee, RDH, BS was our lead spokesperson and did a great job explaining issues of importance to dental hygienists and reminding our congressmen of the need for oral health to be embedded in the overall health plan. Our lobbyist, Roger Simmons, helped with introductions and navigation as we presented our message. And we were heard. Articles appeared in the *Washington Post*. I was encouraged to hear our lawmaker's perspectives. Visit adha.org to hear Congressman Elijah Cummings' inspiring remarks—you will be moved. Look for more DC information in our Delegates and President-elect's reports

IOHA Idaho Oral Health Alliance

Our posses of dental hygienists provide free services on their days off to bring preventive care and assistance to families needing dental care. I respect the leadership, commitment, and hours of service from the numerous hygienists serving others through community service activities. Although there have been several projects this year, there are still too many children, dependent elderly, and people with special needs not getting oral health care. I have been working with the Idaho Oral Health Plan Workshop Group along with Linda D. Boyd, RDH, RD, Ed.D, and others outside our profession to develop the 2009 Idaho Oral Health Plan. Mimi Hartman MA, RD, CDE will share this draft plan to the Idaho Oral Health Alliance (IOHA) members at the September 18 meeting. Crafting this plan has not been an easy task. Policy, prevention and assurance priorities and goals related to Idaho Oral Health are included in this document. We all agree that we need to work together to promote and protect the health of Idahoans through awareness of the importance of good oral health and access to oral health care. IDHA will share our perspectives at the next IOHA meeting so I hope to see you there.

The CDHC Issue

IDHA conducts business with the upmost respect for others as we advocate for higher standards in the dental industry and access to care by qualified allied professionals. We pursue goals in the spirit of truth and consideration for the public safety. Please join me to make sure the goals of the ADA are aligned with our goals and assure that for now, the minimum standards for the CDHC in Idaho is a registered dental hygienist. For more info, see page 4 of the January Newsletter at <http://idha.org/publications.html>. Consider these words from the 2009 ADA Dental Care Summit:

"The ADA is expanding the team approach for delivering care by creating a community dental health coordinator (CDHC). The CDHC, under the supervision of a dentist, can help people navigate the public health system to get the dental care they need. The CDHC works within the underserved community to provide teeth cleanings, apply dental sealants and fluoride treatments and help educate people on the importance of brushing, flossing and eating a balanced diet. The CDHC will be in contact with a supervising dentist and can triage severe cases so the dentist can provide treatment."

The Idaho State Board of Dentistry, with the exception of the hygienist members, recently decided at their July 24th meeting not to move forward in establishing certification or registration for dental assistants in Idaho. As is, dental assistants do not need a license or a certificate to work in Idaho. They do not need to graduate from an ADA accredited school, nor is there a minimum requirement for radiology or infection control training prior to working in an Idaho dental office, as was recommended at the 2007 Oral Health Summit. IDHA advocated on behalf of dental assistants, but at this point, most Idaho dental assistants are still not in the same realm compared to other states. It is unfortunate for the Idaho dental assistants with college degrees and certifications because they have no career ladder or credential. One dentist on the Board remarked that there are violations of the practice act by dental assistants in Idaho everyday. This is truly troublesome considering public safety. Idaho has no system of regulation for dental assistants. Qualified dental assistants are lumped into the pool of all dental assistants, some with no other preparation than on the job training. The public deserves a better standard in light of dental assistants potentially assuming greater responsibilities and serving patients who may present with infectious diseases and health compromising conditions. An Idaho allied professional who is not licensed is not qualified for the CDHC.

My Final Words

I could not be prouder to be a dental hygienist today and have found it a privilege to represent you this year. We have a terrific IDHA Board and are represented by two outstanding member dental hygienists who serve on the Idaho State Board of Dentistry.

Studies show people who volunteer have better physical health. So please: continue, renew, reinstate or begin your dental hygiene association journey. You will not regret your decision to be a part of the RDH posse. Idaho dental hygienists, we may be in a tunnel for now, but if you continue your support, financial and/or by participation as you are able to, you will help build your profession and assure that the light at the end of the tunnel is a beautiful sight and not the light of an oncoming train...See you in October, partners!



Never doubt that a small group of thoughtful, committed citizens can change the world. Indeed, it is the only thing that ever has. —Margaret Mead (1901-1978), American Anthropologist.

IDAHO ORAL HEALTH ALLIANCE

Save the date for IOHA's next meeting on Friday, September 18, 7:30 am–12pm at BlueCross, 3000 E. Pine Avenue, Meridian. CEs available to participants. Please RSVP for a light continental breakfast—call 208.283.5020 or email grahampaterson_ioha@q.com. You may also visit www.idhooralhealth.org for more information.

The speaker is Lynn Douglas Mouden, DDS, MPH, FICD, FACD, the first and current Dental Director for the State of Arkansas' Oral Health Program which he was instrumental in establishing. The Association of State and Territorial Dental Directors (ASTDD) is sponsoring Dr. Mouden as a mentor to Idaho's Oral Health Program with a focus on expanding capacity. He has accomplished much in his career and will share his insights as a Dental Director with IOHA members.

2009 IDHA ANNUAL SESSION UPDATE

Colleen Stephenson, RDH, BSDH

Please join us for the 46th IDHA Annual Session "One Voice, One Vision" on October 9-10 at the Boise Double-Tree Hotel Riverside. This is an excellent opportunity to get up to 13 CE credits while staying up to date on issues affecting our profession. Share ideas and spend time with fellow hygienists from throughout the state. Speakers include:

MARIA PERNO GOLDIE, RDH, BA, MS—*Enamel Therapy: The Next Generation of Care* (3 CE) and *Total Health: The Dental Hygienists' Role* (3 CE).

ANN ESHENAUR SPOLARICH, RDH, PhD—*Commonly Prescribed Medications & Managing the Oral Side Effects of Medication Use* (3 CE).

SUSAN SAVAGE, RDH, BSDH, ADHA District XII Trustee—*Student Session: Unleash Your Potential with ADHA*.

Don't miss the **Friday night "Blast from the Past" Gala** at the Doubletree Hotel Riverside. Dress up with details from your favorite era (1920s-1980s), or come as you are. Enjoy an evening of great entertainment, delicious dining, an exciting live auction, dancing, and karaoke, if you dare! Your dinner is included with your registration. Additional guests can register for the Gala for \$42 each. Capture and take home your favorite memories from the evening at the HYPAC photo booth.

Join us Saturday morning for the **HYPAC Fun Run/Walk** on Boise's Greenbelt or Sleep-in to support our Hygiene Political Action Committee. Participants receive a HYPAC t-shirt. For more information contact Kandi Garland: 208.240.5000 or garlkand@isu.edu.

Informative **table clinics** will be presented by dental hygiene students from Idaho State University, Apollo College, and Lewis & Clark State College (1.5 CE).

Wonder what the future holds for oral health care? Then your attendance at the **Professional Issues Forum** is crucial. Health care reform is one of the single most important issues facing us on the national and state level. An expert panel of public health care officials, lawmakers, dentists, and dental hygienists will share their views on what the future holds. Don't miss the opportunity to hear from and question those who are helping to shape the future of your chosen profession (2.5 CE).

Visit with exhibitors and receive product samples and prizes. Meet representatives from leading companies showcasing their greatest products. Be sure to come with your shopping list to take advantage of show discounts for products you know and recommend. Discover new products to benefit you and your patients.

Win an SDS Orascoptic Zeon Apollo Portable LED Headlamp valued at \$895 in the **IDHA Raffle**. Donated by SDS Orascoptic & proceeds go to IDHA. You do not need to be present to win. Win an emerald and diamond gold bracelet valued at \$775 in the **IDHF Jewelry Raffle**. IDHF purchased this piece at wholesale from Boyer's Jewelry in Twin Falls who generously donated their potential profits (proceeds go to the Idaho Dental Hygienists' Foundation).

Be sure to attend the **President's Luncheon**, sponsored by ISU Dental Hygiene. We will celebrate IDHA President Sally Kane, RDH, BSDH as well as recipients of IDHF scholarships and IDHA awards. Increase your participation in IDHA—we are taking nominations and volunteers now and during lunch on Friday.

Do not delay, get registered TODAY. This is one Annual Session you will not want to miss! **Make hotel reservations early!** Reserve your hotel room directly online or call 208.343.1871 or 1-800-222-TREE. Use the "DHA" identifier to request a hotel room at the special rate of \$89 while available.

Please visit <http://www.idha.org/annualsession.html> for more Annual Session information, to reserve your hotel room online, to print your mail-in registration form, or to register and pay online with a credit card. You may also contact Colleen: stepmoni@yahoo.com or 208.406.6645.



Gold Express: Got Bling? Get Cash! Gold Express, a local Meridian company, will be attending Annual Session to give you the opportunity to turn in your old and unused jewelry, gold or silver for CASH! Bring anything you might wish to sell to the Session in a Ziploc baggie with your name and phone number clearly marked, drop it at the Gold Express booth on Friday or Saturday and we will have an offer for you during the breaks. Not sure if it's gold or silver? Not to worry, the Gold Express staff will check and sort your baggie for you. Do you have chains, class rings, coins, dental crowns, earrings, bracelets, pins, broken or missing stones, old boyfriends/girlfriends jewelry, or just items you don't wear? You could have enough lying around to pay for your Annual Session fees! For more information please contact Trinity or Yuri at Gold Express 208.884.1764 or email goldexpress@isr1.com.

HYPAC REPORT

Kandi Garland, RDH, Chairperson

The IDHA HYPAC Committee has been busy working with the Annual Session planning committee to develop a fun fitness event and fundraiser. This event is generously sponsored by Bringham Family Dentistry, the Idaho Dairy Council, and the Dental RAT. Make sure to register for this fun-filled event

Together, the IDHA HYPAC and Practice & Regulations Committees, IDHA Lobbyist, Roger Simmons, and the Regence Caring Foundation coordinated and hosted a luncheon for legislators at Berryhill & Company in Boise on March 11th. We spoke with legislators about the access to care issues in Idaho, our profession's role, and some scope of practice issues. It was a great way to educate our legislators about who we are and what we can do. We gave each legislator in attendance a Braun/Oral B powered toothbrush, which was a real hit! Liz Nies and Susanne Jamison coordinated most of this event, so many thanks go out to them!

HYPAC raises funds to support IDHA's legislative initiatives. Donations can be made any time of the year, not just at annual session. So, GIVE, and GIVE generously! Donations to HYPAC can be sent to: Kandi Garland, HYPAC Chair, 1854 Whitewater St. Pocatello, ID 83204. Hope to see all of you at the Annual Session fun run!



JOIN THE IDHA E-MAIL LIST

Stay up to date by joining the IDHA email list, open to all Idaho hygienists. Contact Susan Cameron, IDHA Executive Director at scameron@moscow.com 208.882.2787. Please provide your name, e-mail address, phone number, mailing address, Idaho DH license number, and ADHA membership number (if you are a member).

IDAHO DENTAL HYGIENISTS' FOUNDATION

Susanne Jamison, RDH, IDHF Secretary/Treasurer

Once again the IDHA Annual Session is almost here! This is IDHA's biggest event of the year and we really hope to see you there. We count on this annual meeting to help raise funds for our state association, HYPAC, and the Idaho Dental Hygienists' Foundation (IDHF). IDHF funds are primarily utilized to fund student scholarships and community outreach projects and awards.

This year, IDHF is auctioning an emerald bracelet, valued at \$775. Raffle tickets are \$5 each, or 6 for \$20. We will also hold our annual silent and live auctions, which benefit IDHF and HYPAC. We are currently in need of items to be donated for these auctions. During Annual Session we will also be announcing recipients and awarding funds to individuals and groups that have applied for community outreach projects and awards.

IDHF will also award the second annual "Pat Stearns Degree Completion Scholarship." Applications are due October 1st and the winner will be announced during Annual Session. For applications or more information, please contact me at flosser10@clearwire.net

*I strongly encourage you to donate as much as you can toward IDHF—it is in economic times like these that students especially need scholarships. Program tuition, and exam and licensure fees have become quite expensive. The more money we raise, the more we can help students with these costs. **All donations are tax deductible.** Please register for the IDHA Annual Session soon and enjoy a weekend interacting with your colleagues and enhancing your career!*

ADHA DELEGATE REPORT

Carrie Busch, RDH, IOH Liaison

The ADHA Institute of Oral Health (IOH) had another successful auction and gala at the ADHA Annual Session in Washington DC this June. The institute did well considering our economic climate. During the gala, the institute holds a silent auction for which each state donates a gift or basket. This year the auction made \$10,386. A raffle was also held and between the booth, donations, and corporate sponsors, another \$17,912 was raised for the IOH, for a grand total of \$28,298 raised. Thank you to all the hygienists that sold or purchased raffle tickets. Your donations are greatly appreciated by the Institute.

Also, I'd like to remind all of the components to make their annual donation to IOH this year.

I felt honored to be in Washington DC this June, and to attend the ADHA Lobby day. It was a very inspiring ADHA Annual Session and I felt proud to be with such a great group of hygienists representing Idaho. I hope to see you all at the IDHA Annual Session in October.



ADHA ANNUAL SESSION & LOBBY DAY

Vanessa Hanser, RDH-ER, BSDH, President-elect

This June, eight hygienists from IDHA, plus our lobbyist, Roger Simmons, traveled to our nation's Capitol and joined hundreds of other hygienists from around the country to participate in ADHA's Lobby Day. We advocated for inclusion of oral health in US health care reform and educated law-makers on the roles dental hygienists can play in easing health care costs while addressing our country's access to dental care issues. It was encouraging to have the opportunity to discuss our concerns directly with our Congressmen. We met with Senators Mike Crapo and Jim Risch, and House Representatives Mike Simpson and Walt Minnick. Everyone was friendly and welcoming, and we are all grateful to these Congressmen for meeting with us and to their staff for making the arrangements.

ADHA Lobby Day had an immediate impact and our message was heard loud and clear. In fact, one state's Congressman had introduced a health care reform bill that directly excluded oral health care, and by late afternoon on Lobby Day, his office called ADHA headquarters in Chicago to let them know that he was rewording that part of his proposed bill to include oral health care. What changed his mind was *us*—dental hygienists with support from ADHA. As Lobby Day unfolded, this Congressman received numerous phone calls and emails from dental hygienists, as well as legislators who had spoken with hygienists and had a better understanding of the importance of oral health related to systemic health and disease prevention.

Oral health care, dental hygienists, and ADHA were also featured in several articles in the June 23 edition of the *Washington Post* following the ADHA Lobby Day, including large feature photographs of hygienists listening to remarks by Congressman Elijah Cummings of Maryland at the post-Lobby Day gathering. Congressman Cummings, who has been a key proponent for the inclusion of oral health care provisions in health care reform, gave an inspirational speech which you can hear on ADHA's website (<http://adha.org/news/lobbyday2009.htm>).

It truly was an honor and a pleasure to represent Idaho at ADHA's Annual Session and Lobby Day. I attended two ADHA Workshops and observed the House of Delegates for the first time. I wish every hygienist in the country could see how amazing and diligent ADHA and our state Delegates are in working to continually improve our organization and profession for the benefit of *all* hygienists nationwide—including ADHA members, as well as those who have not yet become members.

Another highlight was the ADHA District XII dinner at the posh Gordon Biersch in downtown Washington DC. Lisa, Carrie, Steve and I (see photo below) joined 45 hygienists from the other states in our district for an evening of delicious dining, networking, and fun. We were also pleased to meet several student representatives, including Natalie Talbot, an ISU Dental Hygiene student. Our district won a gift card to the restaurant at the 2007 Annual Session in New Orleans for having the most HYPAC contributions, and *Tom's of Maine*, who supports dental hygienists in so many ways, graciously covered the remainder of the tab. What a blast!

The trip to Annual Session was also an amazing opportunity to do some sight-seeing in Washington DC. Our group of IDHA hygienists and a few of our husbands got a special tour of the Capitol and had the honor to sit in on a House of Representative's session. Individually, we took tours of the city, visited all the famous museums, the Library of Congress, the National Archives, the White House, and the many monuments in our Nation's Capitol. Everything was so easy to access by jetting around on the city's convenient metro system.

This trip was the experience of a lifetime and I'm so grateful to have had it. I learned so much and I look forward to sharing this insight with our Association and all of Idaho's hygienists. I hope to see you at our IDHA Annual Session in October, or at the very least, at the Friday night Gala for some networking and lots and lots of fun (for more info about IDHA's Annual Session and/or Gala, go to <http://idha.org/annualsession.html>).



Fun at the ADHA Gala, pictured left to right: Natalie Talbot, Lisa Higbee, Carrie Busch, Vanessa Hanser, Steve Hanser, and Cecelia Hickam.



Lobby Day attendees pictured left to right: Roger Simmons, Sally Kane, Kathleen Hodges, Samantha Kenney, Senator Mike Crapo, Barbara Lynch, Vanessa Hanser, Lisa Higbee, Carrie Busch, and Cecelia Hickam.

ADHA DELEGATE REPORT

Lisa Higbee, RDH, BSDH

I recently attended the American Dental Hygienists' Association Annual Session in Washington DC. Again, ADHA didn't disappoint. The first event the IDHA delegation participated in was Lobby Day on Capitol Hill. Health care reform is one of the hot button issues being debated, and President Obama has promised to find a solution. Unfortunately, dental care has not been a priority. We discussed our concerns with these legislators and provided them with an information packet full of statistics and evidence showing the direct relationship between dental health and systemic health. We encouraged them to put dental reform in health care reform. Although we battled rain, wind, humidity and a rushed schedule, our efforts were not in vain.

Dr. Brad Neider, the "Healthy Humorist," was the speaker at ADHA's second Plenary Session. Dr. Neider performs stand-up comedy, is a general practitioner, and a contributing author of the book *Humor Me*, which features his popular poem of wellness advice. He literally had us in tears with his funny stories and witty personality. He had great advice regarding how to deal with the cranky, impossible patient. I would compare Dr. Neider to Patch Adams. His presentation was enjoyed by all.

The House of Delegates (HOD) was empowering as usual. This year, the ADHA by-laws were up for review. Hygienists are absolutely the world's best wordsmiths. In this progressive, politically correct world that we live in, many of the terms used in the by-laws were outdated and ineffective for our purposes. Many hours were spent dissecting old terminology and replacing it with modern universal language. Although it seemed tedious, the time spent was absolutely necessary. IDHA will be reviewing and updating our Policy and Procedures and by-laws as well. It was exciting to be a part of this very active HOD.

On the final day of Annual Session the third HOD took place and I participated in the "Call to Annual Session." As you know, ADHA Annual Session is held in a different lo-

cation each year. The district in which the Annual Session will be held in the following year is responsible for the official announcement and invitation just before the end of the HOD. Members of that particular district usually put on a parade using costumes and props representing the location.

Given that Las Vegas is the location for ADHA's 2010 Annual Session, our district put on the show. We had everything, from show girls to tourists, to card dealers and shoppers parading around passing out candy and play money. It was really a fun time and everyone was on their feet cheering. Next year will be a great event and not something you'll want to miss! Our own Caryn Solie, RDH, past District 12 trustee, will be installed as president of ADHA. This is really something to be proud of. Don't miss it! Please mark your calendars and plan to attend.



2010 ADHA ANNUAL SESSION

Save the Date! ADHA is excited to announce that the 2010 Center for Lifelong Learning at the 87th Annual Session will take place at Caesars Palace in Las Vegas, Nevada!

Be sure to mark your calendar for June 23-29, 2010 to revive, rejuvenate and ramp up YOUR career next year!

Also, bookmark the official ADHA 2010 CLL/AS website for all your meeting needs: www.adha.org/annualsession. The schedule and session details will be available online beginning mid-December. Registration and Housing open in early January!

This is your opportunity to take advantage of a world class meeting, in a world class city at an affordable price. See you at Caesars Palace next June in Las Vegas!



CENTRAL DISTRICT HEALTH DEPARTMENT

Carolyn Brammer, RDH-EA, Oral Health Program Coordinator

This summer Central District Health Department and Apollo College Dental Hygiene students provided dental screenings and fluoride varnish applications to children in the Migrant Head Start and the Migrant Summer School of Elmore County. Carolyn Brammer, RDH-EA and DH students Chelsy Jess, Miki Frazier, Erin Hemenway, Jana Graves and Jennifer Click did clinics for the Migrant Head Start centers in Mountain Home and Hammett. Nora Torres, RDH-EA and DH students Erica Gerard and Kenalee Hanson did a clinic at the Migrant Summer School located at East Elementary School in Mountain Home. In total, over 70 children received preventive services from these efforts.

We are continuing with our weekly Fluoride Varnish clinics in our WIC department and they are going very well. For more information about the CDHD Oral Health Program, contact Carolyn: cbrammer@cdhd.idaho.gov or 208.327.8612. You can also check out their website: <http://www.cdhd.idaho.gov/CHEC/services/dental.htm>.



ACEDHS

Angelica Calvert, RDH, President

Hello fellow hygienists. My name is Angelica Calvert and I am the new ACEDHS president for the 2009/2010. I have practiced dental hygiene for eight years and have served on the ACEDHS board for three years. I will be joined this year on the ACE board by a great group of ladies, and I appreciate their willingness to serve our component this year. Our ACEDHS Board includes:

President: Angelica Calvert
Vice President: Krista Beaty
Secretary: Crystal Guray-Tuttle
Treasurer/Sub-List: Lupe Carrillo-Duncan
Program Coordinators: Susanne Jamison
Membership Chair: Liz Nies
Trustee: Janet Garlick
Apollo College Liaison: Heather Blake

As usual, ACEDHS will be scheduling 3-4 CE meetings this year. Watch for notices in the mail and the IDHA website with specifics for each meeting. I would also like to remind everyone that Annual Session will be October 9-10 in Boise, and I encourage you all to attend to stay current with what is happening in Idaho concerning our profession.

I am excited about the upcoming year and look forward to serving you. If you would like to be added to our mailing list (both regular and email) or have questions about courses, please feel free to contact me at gelscalvert@gmail.com.

NIDHS

Emily Petrie, RDH, President

Hello from North Idaho! It is hard to believe that another year is coming to an end and we are nearing another Annual Session in Boise. Where has the time gone? Summer time in North Idaho is always a challenging time to gather our members for meetings. We are so blessed to be surrounded by many beautiful lakes and forests. That being said, we have not hosted many CE courses or meetings in the last few months. Our next meeting/CE course is planned for mid September. We will elect new officers and provide a yoga CE course. Please watch www.idha.org, your email inbox, and fax machines for more details.

We always welcome new members and will also need to fill officer positions for the 2010 year. The more the merrier! If you are interested in becoming a member or running for an office, please contact me at emilyewudh@hotmail.com.

 DELTA DENTAL

Delta Dental Community Outreach

GOING BEYOND BENEFITS

Lisa Reed, Public Benefits Manager

Just a reminder as you head into a new school year, that Delta Dental of Idaho's Community Outreach program offers free education resources that you can use in your education work.

One of our more popular resources is a book bag of lesson plans, a large mouth model and toothbrush, books and a video about losing baby teeth. The "Teeth On The Go" kit is designed for kindergarten through 2nd graders.



Building on the success of the first book bag, this summer we created a second kit called "Let's Get Mouthy" for 3rd – 6th graders. This kit contains classroom activities and experiments, a large mouth anatomy poster, mouth model and toothbrush, "Heroes vs. Plaque" comic books and disclosure tablets.

For 6th through 12th graders, we have compiled the book, "Chew On This!" of over 25 classroom activities covering dental health, and risk behaviors such as oral piercings, tobacco and poor nutrition.

Brochures and a DVD in English and Spanish are also available if you work with pregnant women or teens.

You can learn more about these resources, or request any of these through the Community Outreach section of Delta Dental's website, www.deltadentalid.com, or Community-Outreach@deltadentalid.com, 208.489.3550 or toll free 866.894.3563.

APOLLO COLLEGE DENTAL HYGIENE

Dr. David C. Reff, DDS, Program Director

The Senior class of April 2009 graduated on April 17. They took the WREB Dental Hygiene Examination April 23-26. 23/24 students passed. The 24th retook the exam at ISU and passed.

A new class of 30 students started on May 4, 2009. The student population is 90. The Senior class of August 2009 has started taking the computerized National Dental Hygiene Board Examination at the Pearson Learning Center. At this time 3/3 have passed.

Dr. David Reff and Dr. Doug Whittet received the 2009 Ron Taylor Award at Apollo College that rewards employees for going above and beyond their normal job functions while still completing all required duties of their positions.

In May 2009, a restorative seminar began on Friday afternoons. The students who participated will take the WREB Restorative Examination in Fall 2009. If successful, a new restorative class will be incorporated into the curriculum and a free restorative clinic will be established.

Placement dropped with the addition of 23 graduates. However, the number of graduates being placed has increased dramatically since June.



Jennifer Clayton, RDH
Co-Director Special Smiles Idaho

To be or not to be... How often have you asked yourself, "What difference does it make if I am a member of my dental hygiene association?"

In June, I was cordially invited to the American Dental Hygienists' Association Annual Session in Washington DC. I was honored to have been selected as 1 of 10 dental hygienists nationwide to receive the Hygienist Heroes award.

This award is sponsored by ADHA and Johnson & Johnson Healthcare Products, division of McNeil-PPC. The program is designed to recognize dental hygienists' outstanding commitment to promote oral health in their local communities.

Over the past 8 years, Idaho has established itself as one of the world's front runners in providing dental education and care to World Class Special Olympic Athletes. As you may know, Boise hosted the Special Olympics World Winter Games in February 2009. In addition to sporting events, the

Healthy Athletes Program screened and examined athletes in 6 different disciplines.

Thanks to the "Miles for Smiles" Mobile Dental Van we were able to provide dental treatment to athletes that would otherwise have no access to care in their own countries. This was a first for the Special Olympics Special Smiles Program in the history of Healthy Athletes. I am proud to acknowledge the Idaho State University Dental Hygiene students for their national "Student Member Community Award," also presented to ISU at the ADHA Annual Session. My congratulations go out to ALL who volunteered.

My trip to the convention has been one of the highlights of my career, and I am so proud to be a member of this association. The hard work that goes into keeping dental hygiene on the front arena of health care is necessary. Our community dental health care cannot survive without generous grants like the Hygienist Heroes Award. The \$1,000 that we received will go towards a scholarship fund for Special Olympic Athletes that are in need of dental treatment.

As well as having the opportunity to visit some of our Nations historic sites, I had the chance to network and share ideas with other "Heroes." Opportunities and ideas are in the minds of our fellow hygienist, and we do have the power to make a change.

One of my memorable opportunities came as I was invited to tour the World Headquarters of Special Olympics International. While I was there I was able to reunite with those who make the organization of Special Olympics work. Those members were most impressed with Idaho and the number of volunteers that set records in attendance to serve our World Athletes.

Special Smiles will meet with the Special Olympic Advisors on upcoming events in 2010. Our planning committee meets November 6-8, 2009. For more Special Smiles information, contact Jennifer Clayton, RDH: 208.384.1499 or jenavia55@msn.com; or Amy Haugen, RDH, MA: 208.724.1932 or haugena@cableone.net.

Do you have to ask yourself again, "What difference does it make?" Idaho Special Olympic Athletes will let you know!



Jennifer Clayton (back row, second from right)
with fellow Hygienist Heroes Award recipients.

ISU DEPARTMENT OF DENTAL HYGIENE

Kathleen O. Hodges, RDH, MS, Professor & Department Chair

Bachelor of Science in Dental Hygiene Program and Master of Science in Dental Hygiene Program.

Student Activities

All ISU students passed the National Board Exam (100% success rate) and scored significantly higher than the national average in the majority of categories. ISU students were extremely successful on the case-based portion of the exam, demonstrating ability to apply knowledge, think critically, and make appropriate dental hygiene care decisions. Students were also 100% successful on the first attempt for the Western Regional Examination written and clinical local anesthesia examination and the clinical examination. Congratulations to the recent graduates!

Graduation festivities for 25 senior students were held in May. A formal ceremony planned by faculty and senior students was conducted and many senior students were honored as well as an alumni. M'Lisa Denning received the Kasiska College of Health Professions Dean's Advisory Committee Award. She was chosen as one of three graduating seniors from the college to receive this honor based on current leadership skills and potential for future success. Heidi Tanner was awarded the Kasiska College of Health Professions Outstanding Student Achievement Award. She was selected from the entire college based on her scholastic achievements, community service and professionalism. Heidi and her family, along with faculty members from the department, attended an awards ceremony where she was recognized for this stellar achievement. She had a chance to speak to accept this award and was appreciative of her education. Becky Logue, RDH, BS, an alumni, was selected as the Kasiska College of Health Professions Distinguished Alumni. A reception was given in her honor, and her family and faculty members from the college attended. She was selected based on her success as a private entrepreneur and inventor of the Dental RAT (Remote Access Terminal).

Natalie Talbot, a junior hygiene student, was selected as a student delegate by ADHA to represent District XII at Annual Session in June in Washington, DC. Her trip was funded and she attended various meetings, collaborated with other students and licensed dental hygienists from around the nation, and attended the AHDA House of Delegates. Also at ADHA, the students received a \$3,000 award from ADHA and Tom's of Maine for their community service project where they traveled to Boise to participate in the Special Smiles Special Olympics World Event. Jacque Freudenthal spearheaded the student's service learning project and other part time and full time faculty members participated as well.

A one-week intensive clinical course was given for 9 *graduate* students in June. This course serves to teach advanced procedures in hand instrumentation, mechanized instrumenta-

tion, endoscopic therapy, caries diagnostics and treatment theories, and various other technologies. Students also present a patient case they have treated to classmates and faculty. This week also serves as an opportunity for the students to meet one another and form a learning community because they primarily are educated online. Great relationships are formed through professional and social interactions on the Pocatello campus.

27 students were admitted into the undergraduate program for the fall. 8 new students are enrolling in the Master of Science in Dental Hygiene degree program in the fall. The new students are from Idaho, California, Oregon, Nevada, Montana, Alaska and Kansas. They attended an orientation session this summer to learn about evidence based practice, library searching, research analysis, critical thinking, and wellness. The program has 33 students enrolled now.

Two students in the Master's program were ADHA Delegates—Sara Beres (Fall '08) served as a delegate for Wyoming, and Tonette Hollingsworth (Fall '09) served as a delegate and introduced a resolution at the HOD.

Faculty Activities

Faculty have been busy this summer, although most faculty members are not "on contract" during the summer months. The majority of full time faculty members either presented or were coauthors of refereed posters at the annual ADHA meeting. Faculty involved were Brooke Agado, Denise Bowen, Linda Boyd, Kristin Calley, Carole Christie, Jacque Freudenthal, Kathleen Hodges, Carlene Paarmann, and Ellen Rogo. Topics included ultrasonic instrumentation, professional responsibility and self-assessment, chronic obstructive pulmonary disease and chronic periodontal disease, remediation and retention efforts in the curriculum, and social interactions of dental hygienists.

Kandis Garland presented a referred poster at the annual OSAP meeting about comparing online and classroom OSHA training. Ann Wetmore and Lidia Brion Silva, recent graduates of the Masters program, also presented their thesis research about reflective blogging and critical thinking for students and comparing piezoelectric and magnetostrictive ultrasonic instrumentation. Lidia was also a participant in the Dentsply/ADHA Graduate Student Clinician's Program where she presented her original research with twelve other recent graduates from around the US. Linda Boyd also presented a continuing education course about future education.

At another national meeting, the North American Dental Hygiene Research Conference, Denise Bowen and Brooke Agado presented a lunch and learn exploring the oral/respiratory link between chronic periodontal disease and chronic pulmonary disease. Tara Johnson presented a refereed research poster based on preclinical research in oral squamous cell carcinoma cell lines and Ellen Rogo also presented a refereed poster on her original research from her

dissertation about understanding dental hygienists as adult learners in social action. While at the meeting, Drs. Linda Boyd, Ellen Rogo, and Tara Johnson visited the National Institute of Health as guests of Congressman Simpson. Their visit was educational and fascinating—they toured laboratories, observed original research and met researchers and scientists.

At the American Dental Education Association Directors Meeting, Kathleen Hodges presented a refereed poster on curriculum management, which was based on experience in the ISU curriculum with course evaluation. The department is undergoing a detailed curriculum assessment in an effort to assess strengths and future potential changes to remain quality oriented, contemporary and relevant.

Carlene Paarmann, RDH, MEd and Denise Bowen, RDH, MS have been active with the Western Regional Examining Board (WREB). Carlene has been an educator member of the Restorative Committee and participated as an examiner for the restorative exam at different sites this summer. Denise is a member of the Dental Hygiene Comprehensive Computer-Simulation Exam Committee. Tara Johnson and Laurie Eisenhauer are also both WREB examiners.

Facilities

The clinic facility on the Pocatello campus is being updated with a small expansion to the reception room and an additional vacuum system. The technology that the students experience during their education is continually being updated to assure the students receive contemporary education in practice management systems. Recently, digital intraoral cameras were purchased, in addition to computer hardware and software, and their use will be built into the curriculum this coming academic year. This equipment was purchased by funding through the Technology Incentive Grant Program sponsored by the State Board of Education via a grant authored by Kristin Hamman Calley, RDH, MS and Kathleen Hodges, for \$67,000.

Idaho Oral Health Institute (IOHI)

The IOHI will conceptually start with the award of a Special Congressional Federal Grant from Health Resources and Service Administration for \$330,000. Future distance learning equipment is the primary focus of the grant. The equipment will serve to connect the home campus in Pocatello to the Idaho Falls and Boise sites in anticipation of future program expansion and development. Both the dental sciences and dental hygiene programs will use the equipment. The distance technology will facilitate the continuing education, research, and education missions of the Institute. Special recognition and thanks is given to Congressman Simpson for his role in procuring this federal grant.

IDHA/ADHA MEMBERS

MEGAN ADDEY, JANICE ALLAN, COURTNEY ANDERSON, MARY ANN ANGELES, JORBI ANITOK, ABBIE AULLMAN, WENDY BALTAZOR, DARCEY BANNER, GREGORY BEAN,

MARCELLA BEAN, KRISTA BEATY, JAYCEE BECKLEY, LISA BILICH, SUSAN BISTLINE, HEATHER BLAKE, JANEL BLOUNT, MARY BOSSART, DENISE BOWEN, DAWN BOWMAN, LINDA BOYD, CAROLYN BRAMMER, ELLEN BRIGHT, RACHELLE BRITVEN, HAYLEY BROWN, CARRIE BUSCH, KRISTIN CALLEY, ANGELICA CALVERT, SUSAN CAMERON, KELLI CAMPBELL-BURTON, LUPE CARRILLO-DUNCAN, TONJIA CHAMPLIN, AMBER CHINCHURRETA, JENNIFER CLARK, SHERI CLASS, JENNIFER CLAYTON, BROOKE COLSON, ANTONIA CORTABITARTE, HEATHER CRAWFORD, GRETCHEN CRAWFORD-WARILA, ERIN CUDNEY, LAURA CURTIS, THAMASIN DANA, JANIS DAVEY, JANIE DAVIDSON, CINDY DEEG, CHARITY DELACH, KIMBERLEE DELAMERE, HEIDI DELBRIDGE, MICHELLE DEMOSS, AMY DEMOTT, MICHELLE DERDERIAN, PAULA DIAS, KAREN DILL, TIFFANY DIXON, DEBORAH DOUGHERTY, GARRAH DOUGHERTY, CRISTA EVANGELHO, TATUM FEHRENBACHER, JACKIE FELDMILLER, CAROLYN FLANAGAN, CHRISTINE FLOURNOY, THRESSA FOGLEMAN, MONICA FOSTER, KATIE FOX, KAREEN FREEMAN, JACQUELINE FREUDENTHAL, BRENDA FUCHS, MARIKO FUJIMOTO, DANA FULLER, JOYCE GABEL, CHERYL GALLAGHER, KANDIS GARLAND, JANET GARLICK, KRISTY GARRETT, TARAH GIBSON, JOY GILL, JANICA GILLETTE, SANDRA GOLAY, JANNA GOODLIFFE, HEATHER GOUKER, LAURIE GREEN, ROBYN GRIFFITHS, CAROLYN GUY, CATHY HAGRMAN, LACEY HALL, BRIAN HALLE, TALISHA HANSEN, VANESSA HANSEN, RHONDA HANZEL, CYNTHIA HARDING, MARCY HASZ, SHAY HAUDE, ANNA HAUSER, PAULA HEALZER, SHANNA HENDERSON, KATIE HENNA, ANITA HERZOG, CECILIA HICKAM, LISA HIGBEE, ELLIE HIGSMITH, KATHLEEN HODGES, TANYA HOEKSTRA, BARBARA HOLLOWAY, FRANKIE HOLYFIELD, CINDY HONG-ENGELHARD, LORINDA HORNER, TANNYA HUNT, JANET INGRAO, SUSANNE JAMISON, LISA JENKINS, ELAINE JOHNSON, TARA JOHNSON, VANDA JOHNSON, ARLENE JONES, SALLY KANE, RUTH KEARN, JANET KEEFER, SAMANTHA KENNEY, GWEN KIDO, MONICA KOTTKEY, CATHLEEN LAPLANTE, AMY LARSON, KIMBERLY LEGASPI, JACQUELINE LEIBACH, SOLANGE LEMENAGER, JUDY LEWIS, ANN LIBENGOOD, REBECCA LOGUE, MARGARET LONG, HOLLY LUCASMARTELLA, VIKKI MALLOY, VONDA MANLEY, BRANDI MAW, NICOLETTE MAW, CARLA MCCOLLY, CORI MCGINNIS, ZYA MCKENZIE, LACY MERRILL, CASSIE METCALF, ANA MEZA, SASHA MICKELSON, KATHLEEN MOONEY, CYNTHIA MORRISON, NELDA MORRISON, VICKI MOSER, KELLY MOYLE, STACEY MRAZ, VONDA MULRONY, ELIZABETH NIES, PAMELA NISHITANI, JENNA NOLEN, AMANDA NOONER, KELLIE NORTON, SISTI O'CONNOR, JOAN OZMUN, CARLENE PAARMANN, SANDRA PAGOAGA, MARCIA PETERSON, EMILY PETRIE, TAMMY PETSCHKE, KELLY PFEIFER, JULIEANNE PIERCE, NATALIE PITTARD, ANNIE POPPLEWELL, MOLLY POWELL, KELLY PURDY WILLIAMS, HEIDI RAMMELL, MEGAN RANSTROM, DAVID REFF, CINDY REINKE, ELIZABETH REYNOLDS, JENNIFER REYNOLDS, YVETTE RICHARDSON, M ROBBINS, SHANTEL ROBINSON, REBECCA ROBISON, KARI ROGERS, ELLEN ROGO, MARY JO SAUBER, AMY SCHLUNEGER, DANIELLE SCOW, CYNTHIA SEAMAN, KATHLEEN SHORT, SONDRAS SHRYOCK, ROGER SIMMONS, JAN SIMPSON, JULIE SLEE, LORA SMITH-LAPHAM, JANET SMITH-ROCHE, KELLI STANGEL, COLLEEN STAUTS, DARLENE STEELE, LISA STEPHANS, MONICA STEPHENSON, SANDRA STEUDE, LUFRAYNE STINNETT, SHARON STUCKI, EILEEN THONSSSEN, TAMMY TORREY, KAREN TRILLHAASE, CRYSTAL TUTTLE, AUBREI TYNG, CARAJA VANLEUVEN, MICHELLE VANLITH, BRANDI VANNESS, SHAWNA VICK, BARBARA VIDINHA, JULIE WALKER, MELISA WALKER, VIRGINIA WALLING, COLETTE WALTERS, PATRICIA WATSON, CHERYL WEATHERS, ROCHELLE WEGAND, SANDRA WELKER, LENICE WHITE, VALERIE WILLIAMS, LINDA WILLIAMS, MICHELLE WILLIAMSON, SUSAN WOLF, J. WOLVERTON, SYLVIA WOOD, BRITTANY WOOLF, and JANN ZOLLINGER.



NEWSLETTER

PO Box 7682
Boise, ID 83707



Dental Hygienists

one voice • one vision

Clinicians • Educators • Researchers • Advocates • Entrepreneurs



CELEBRATE WITH IDHA

Celebrate the **grand opening of the ISU-Meridian Health Science Center** with IDHA on Thursday, September 17th from 5:30-7 p.m. Join us for hors d'oeuvres, building tours; and brief remarks from ISU President Vailas and Lt. Gov. Brad Little at 6 p.m. Following this event will be a special reception for dental hygienists and our supporters, with information from Dental Hygiene Director, Kathleen Hodges, RDH, MS about the Oral Health Institute and the future of dental hygiene education at ISU.

ISU-Meridian Health Science Center is located at 1311 East Central Drive, Meridian, (behind Meridian Joint School District No. 2). For more information about the IDHA reception following the Grand Opening or to RSVP, contact Liz Nies: Lizabiz_2000@yahoo.com or visit the IDHA website (www.idha.org).

IDHA ANNUAL SESSION UPDATE INSIDE.



Check out the IDHA website for all your Annual Session and IDHA information: www.idha.org.

CONGRATULATIONS 2009 GRADUATES!

You've invested in your education, now it's time to invest in your career by transitioning your membership status from Student to Active. We understand making the transition from student to professional-life can involve many challenges, and we would like to help you start Unleashing Your Potential by making it convenient for you to transition. Simply grab your license number and look for the "Graduates Transition Now" button at the following locations: adha.org and www.myspace.com/dentallygienist. If you have any questions, contact the Division of Member Services at member.services@adha.net or 1.800.243.2342, press 1.

ADA CODA strips the dental hygiene accreditation standards of the "Dental Hygiene Diagnosis."

ADHA award nominations deadline: November 3rd.

ADHA reintroduces quarterly billing.

Find out more on ADHA's website: www.adha.org.